

# Relationship Coaching

- Understand what makes **love grow stronger** in the relationship
- Learn how to move on from mistakes you've made and **rebuild trust**
- Discover the blueprint that can lead to a **fruitful** and **fulfilling** relationship



**EAGLE**  
CONSULTING SERVICES  
SOARING HIGHER IN LIFE

## Dr Rob - Relationship Coach



**Rob & Jenny Bakss**

Dr Rob and his wife Jenny have been **married for almost 40 years** and have experienced the joys of smooth sailing and God's grace have successfully navigated through many rough waters as well.

Good relationships don't just happen. It takes energy, effort to make them work.

This 4-session Relationship Coaching Package is designed to target 4 key areas that require strengthening in every relationship if it's going to **thrive and survive**.

## What is Relationship Coaching?

Relationship Coaching is like a **professional friendship**. As your coach, Dr Rob will get to know you both, will listen to what you have to say, will accept you, just the way you are, and will care about your relationship as much as you will.

Rob will help you find where your communication may be stuck, where you may be going in different directions, and show you ways to **restore the harmony**.

While you can't change the past, you **can change the present and the future** by learning now what you need for these times.

Whether you are a couple preparing for marriage, starting out in a relationship, or been together for a while, Relationship Coaching is a way to continue to **strengthen the foundations of the relationship**.

Dr Rob's coaching focuses on **practical proven methods and skills** to help you soar higher in life and relationships.

## *Providing you a Pathway not just a Package*

The coaching is designed to be a path that starts at your **current need and ends with your future dream fulfilled**. People actually don't pay for Relationship Coaching Packages; people pay for the **PATH**. That's the ultimate reason why people request coaching services. Dr Rob will help you implement this path into your relationship through the coaching he offers.

Even after the 4-session package, Dr Rob is available for future coaching and will encourage you and keep in touch with you for as long as you want to be coached.

## Topics include

### Consultation

A FREE 30-minute consultation is offered before you start the Coaching Sessions to get to know you and your specific needs and requirements for Coaching.

### Connection

Knowing the real purpose of marriage, shared values, building togetherness and understanding each other's personality temperament.

### Communication

Learning each other's Love Language, the value of good communication, talking and listening effectively and expressing feelings in true intimacy.

### Conflict

Handling issues, resolution strategies, practicing forgiveness and reconciliation.

### Commitment

Understanding his and her needs and accepting the differences, dealing with the disappointments and disasters, keeping love alive, and developing life-long friendship.

## Relationship Coaching Investment

Initial 30 Minute Consultation - FREE

Coaching consists of **4 x 60-minute sessions** conducted weekly, fortnightly or monthly (*face to face or via Zoom/Phone dependent on location*)

Recommended 1-2 hours client work outside of each session

Cost - **\$600** (4 Sessions)

*Valued at (\$900)*

*"The success of a relationship comes not in finding the 'right' person, but in the ability of both partners to adjust to the 'real' person they have chosen to spend their life with."*

- Dr Rob

# My Promise to you...

- I will help you set, clarify and maintain focus on your relationship goals.
- I will hold you accountable for what you say you're going to do.
- I will help you establish your own solutions and strategies.
- I will encourage, support and believe in you even when you may not!
- I will challenge you to soar higher and reach your best potential.

## **Dr Rob Bakss**

DBS, LLB, MBS, BBS, DipCoun, DipLCoach, MHFA

**Contact me to start your Coaching:**

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