

# Realise Your Purpose

**“Every purpose is established by counsel”**

*~ Proverb of King Solomon*

EAGLE CONSULTING SERVICES



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Everyone has a purpose and plan for their life, the problem is, many people don't know what it is and even if they do, they don't know how to **Realise their Purpose**. We must know how to prioritize the values that matter most, then evaluate our life and bring it into harmony with what we believe is important. This is the foundation for an effective life.

Coaching teaches you how to discover and align your purpose and how to build a growth mindset in a methodical and systematic way. You will learn how to clarify what's important in your life and what's not important and in doing so, reduce stress and increase success.

In **Realise Your Purpose** Coaching packages, Dr Rob will guide you to, firstly recognise your core values, and then help to know how to align your values, strengths and personality temperament to help you make great decisions, act and ultimately effectively live your life on Purpose. **Without purpose, your life is aimless.**

There are **two 6 session packages** which include the following sessions:

## Finding Purpose - Pathway 1

PART Personality Profile - Section 1 & 2

PART Personality Profile - Section 3 & 4

Core Values

Signature Strengths

Life Balance

Life Mission

## Fulfilling Purpose - Pathway 2

Cognitive Distortions (Mindset)

Transformation (Perspective)

Goal Setting Part 1 (The What)

Goal Setting Part 2 (The Why)

Time Management (The When)

Strategic Habits (The How)

## Coaching Packages Investment:

Each Pathway consists of **6 x 60-minute sessions** conducted weekly, fortnightly or monthly  
(face to face or via Zoom/Phone dependent on location)

Recommended 1-2 hours client work outside of each session

**1 Pathway over 6 sessions - \$780**

**2 Pathways over 12 sessions - \$1,380**

**Providing you a Pathway, not just a Package**