



SOAR
Higher

“...They will soar on wings like eagles...”

- Isaiah the Prophet

Reach Your Potential Life Coaching Pathways

Would You Like To...

- Stop Feeling Stuck, Defeated and Frustrated By Yourself and Your Life?
- Stop Playing It Safe and Access Your Courage?
- Learn To Trust Your Intuition and Take Healthy Chances?
- Confidently Create Your Most Fulfilling Life?

Then, **Reach Your Potential** Coaching is for you!

These Life Coaching Pathways teach you how to align your values, goals and priorities to **SOAR HIGHER** in all areas of your life. In **Reach Your Potential** Coaching pathways, Dr Rob will guide you to, reach maximum potential by mastering the elements of self-belief system, self-motivation, and self-awareness. The key to reaching maximum potential is the constant urge to improve one's own self. As a professional Life Coach, Dr Rob can evaluate your strengths and weaknesses and help you reach your goals faster. Also, as a **Christian Life Coach**, Dr Rob can help you soar higher in your **spiritual development** in life.

There are **two 6 session packages** which include the following sessions:

Soaring Higher - Pathway 1

You can soar like an eagle - *Evaluation*
Getting out of the nest - *Examination*
Finding your wings - *Elimination*
Sharpening your sight - *Expectation*
Taking flight - *Exploration*
Soaring to new heights - *Expansion*

Excel Spiritually - Pathway 2

Allegiance - *Whose I am?*
Design - *Who I am?*
Passion - *Why do I desire this?*
Preparation - *What life is preparing me for?*
Calling - *What is my calling in life?*
Implementation - *Where to from here?*

Coaching Packages Investment:

Each Pathway consists of **6 x 60-minute sessions** conducted weekly, fortnightly or monthly
(face to face or via Zoom/Phone dependent on location)

Recommended 1-2 hours client work outside of each session

1 Pathway over 6 sessions - \$780

2 Pathways over 12 sessions - \$1,380

Providing you a Pathway, not just a Package