



EAGLE
CONSULTING SERVICES

Who am I in Christ

Workbook



Who I Am In Christ

“Christ in you, the hope of glory”

~ Paul the Apostle

The Powerful Truth of Christ IN You

You are not who you are in Christ because of the things you have done; you are in Christ because of what He has done. He died and rose again so that you and I could live in the freedom of His love.”

– Neil T. Anderson, Who I Am in Christ

Who am I in Christ? Are you questioning your identity especially as it relates to your spiritual life? Many people don't contemplate their identity or who they are in Christ until it seems everything in their life is falling apart. Once you know **who you are in Christ** and understand your relationship with God, that's when things begin to make sense.

When you begin to unravel your identity by answering this one important question, “who am I in Christ?”, it will bring your entire life into focus.

Eugene Peterson, in paraphrasing Ephesians 1:11-12 wrote, “It's **in Christ** that we **find out who we are** and **what we are living for**. Long before we first heard of Christ and got our hopes up, he had his eye on us, had designs on us for glorious living, part of the overall purpose he is working out in everything and everyone.” (*The Message*)

Do you wonder, who you are and why you are here? Do you often ask yourself and God these questions. Most of us probably examine the meaning of life and how we fit into the world—especially when things are hard or seem out of control.

Deep conversations with God are a great starting point to grow in your faith. It is life-giving to have sincere reflections with ourselves and with God about **our identity and purpose**. **Understanding your identity in Christ** has a huge impact on your current life and eternity.

We can believe in Christ, read the Bible, attend church, serve in our church and community, and do other faith-affirming things, but if we do not understand the answer to, *who am I in Christ*, we are missing a huge component of our spirituality.

Some think, they discover who they are in Christ **by working hard** to do the right things and following all of the rules. They strive to know their “in Christ” identity by connecting with the right people who seemed to have climbed the highest spiritual mountains and had achieved spiritual greatness. Yet, these quests end in vain and discouragement. Trying to find wholeness and meaning becomes elusive and drives you to **spiritual fatigue**.

However, when we **know who we are in Christ**, we don't just follow rules, tick the boxes, and earn points. We aspire to live as Christ taught because we love Jesus, He asks us to, and it is a better life.

Discovering *who am I in Christ* can start with a simple prayer,

*“Dear Lord, **reveal** who am I in Christ. Help me encounter scripture, people and your Holy Spirit to **reveal** who I am in Christ. Help me accept **how you see me** so I can experience true spiritual freedom.”*

*“God does his deepest work in your life when he deals with your identity—**the person you truly are as opposed to the way you see yourself.** The way you think about yourself dictates how you act. So, God makes his deepest changes in your life by **changing the way you see yourself**—by showing you **how He sees you.** And when you see yourself the way God sees you, it’s going to change your life.”*

– Rick Warren

Our fingerprints are a clear claim on our human identity. Fingerprints are usually formed by the time a baby is 17 weeks old. It is believed that no two people share the same fingerprints even identical twins. That’s crazy considering the millions of people in the world.

That one fact of our individuality reveals the power of the incredible creator of life, God. But when we examine our identity in Christ it takes our uniqueness to a new level—our spirit and soul. Our identity was formed by the hands of our potter, God, who designed every aspect of our humanity, including our mind, body, and soul, to be His masterpiece.

Steven Curtis Chapman’s song Fingerprints of God beautifully describes who I am in Christ, *“I can see the fingerprints of God when I look at you. Never has there been, and never again will there be another you. Fashioned by God’s hand and perfectly planned to be just who you are. And what He’s been creating, since the first beat of your heart is a living, breathing, priceless work of art!”*

Can you accept that about yourself?

Yes, absolutely Yes, but I have doubts No, but I would like to No, I can’t accept it

Do you believe you are a living, breathing priceless work of art, uniquely made by God for a particular time and purpose?

Yes, absolutely Yes, but I have doubts No, but I would like to No, I don’t believe

Who I am in Christ...

This list is an adaptation of the list created by Neil Anderson and reveals the truth about who God created you to be and how He wants you to live! Take time to look up each of the Scriptures and read the accompanying truth statement below after you read the Scripture verse.

Place a ✓ or a ✗ in the box at the end of each statement to represent if this truth is **real** to you.

I AM ACCEPTED IN CHRIST...

John 1:12	I am God's child	
John 15:15	As a disciple, I am a friend of Jesus Christ	
Romans 5:1	I have been justified (declared righteous)	
1 Corinthians 6:17	I am united with the Lord, and I am one with Him in spirit	
1 Corinthians 6:19-20	I have been bought with a price and I belong to God	
1 Corinthians 12:27	I am a member of Christ's body	
Ephesians 1:3-8	I have been chosen by God and adopted as His child	
Colossians 1:13-14	I have been redeemed and forgiven of all my sins	
Colossians 2:9-10	I am complete in Christ	
Hebrews 4:14-16	I have direct access to the throne of grace through Jesus Christ	

I AM SECURE IN CHRIST...

Romans 8:1-2	I am free from condemnation	
Romans 8:28	I am assured that God works for my good in all circumstances	
Romans 8:31-36	I am free from any condemnation brought against me	
Romans 8:37-39	I cannot be separated from the love of God	
2 Corinthians 1:21-22	I have been established, anointed and sealed by God	
Ephesians 2:4	I am greatly loved by God	
Philippians 1:6	I am confident that God will finish the good work He started in me	
Philippians 3:20	I am a citizen of heaven	
Colossians 3:1-4	I am hidden with Christ in God	
2 Timothy 1:7	I have not been given a spirit of fear but of power, love and a sound mind	
1 John 5:18	I am born of God and the evil one cannot touch me	

I AM SIGNIFICANT IN CHRIST...

John 15:5	I am a branch of Jesus Christ, the true vine, and a channel of His life	
John 15:16	I have been chosen and appointed to bear fruit	
1 Corinthians 2:16	I have the mind of Christ	
1 Corinthians 3:16	I am God's temple	
2 Corinthians 5:17-21	I am a minister of reconciliation for God	
2 Corinthians 6:1	I am God's co-worker	
Galatians 2:20	Christ lives in me, and I live by faith in Him and His love for me	
Ephesians 1:4	I am holy and without blame before Him in love	
Ephesians 2:5	I am alive in Christ	
Ephesians 2:6	I am seated with Jesus Christ in the heavenly realm	
Ephesians 2:10	I am God's workmanship, created in Christ to do good works	
Ephesians 3:12	I may approach God with freedom and confidence	
Philippians 4:13	I can do all things through Christ, who strengthens me	

How do you feel after reading through each of these truth statements about your identity in Christ? Write a brief description.

Write out three statements that impact you **deeply** about **who you are** in Christ.

1. _____
2. _____
3. _____