



Communicating to Connect

Public Speaking Coaching Package

Dr Robert Bakss

Communicating to Connect

Public Speaking Coaching Package

Are you aware that the ability to give a speech with confidence and poise is one of the essential skills that companies and organizations look for in their future leaders?

Throughout history, public speaking has been instrumental in shaping, changing and bringing in reform to the world. There is great power in the words.

The more adept we become at conveying our message, the greater our impact. From lovers to litigators, entrepreneurs to entertainers and bloggers to board members, we all want to communicate more effectively, intimately and efficiently.



Whether you are interviewing for a new position, proposing a new business plan, auditioning for a performance, delivering a report for your committee, or sharing your heart with an audience, Dr Rob will coach you in public speaking skills on how to prepare and deliver an effective speech.

Coaching Objectives:

- To enable you to learn the fundamentals of public speaking in order to deliver an effective speech
- To instruct you in all facets of speaking in public. Dealing with; preparing a speech, delivering a speech, nerves, types of speeches, the voice and others.
- To learn proper vocal and delivery techniques for persuasive speech
- To demonstrate the appropriate public speaking and listening skills (e.g., body language and articulation) that would be necessary to influence or change someone's mind or way of thinking about a topic.
- To learn the principles to become a competent public speaker combining your own unique personality.

Coaching Sessions:

Session 1 - Sound Speech

- The Gift of speech - Make your voice count
- Identifying the various types of speakers
- Understanding the Speech Triangle

Session 2 - The Most Important Part of Speech

- Preparation and Planning a speech
- How to choose and organize your content
- The parts of a speech

Session 3 - Everyone is Looking at you!

- Your Appearance and Actions
- Gestures - Amplify your influence
- Why it's important to bring body and spirit to each speech

Session 4 - How to hook an Audience

- The Presentation
- Use of Voice - Method of Delivery
- The Science of Storytelling
- How to move beyond content to connection



Session 5 - Defeating the “Goliath” of Nerves

- Own the Fear Factor - Overcoming stage fright
- Dealing with the hindrances to public speaking



Session 6 - Keys to Effective Communication

- The Process of Communicating with Excellence - Lessons from the Greats!

Session 7 - Becoming a Word Smith

- Increasing your vocabulary and use of word power
- Learning how to use the emotional funnel

Session 8 - Holding an Audience without a rope

- Making an impression and keeping attention
- Reading an Audience - Amplify your influence

Session 9 - The Do's and Taboos of Speech

- Practical advice for public speaking - Keeping your cool when the mic is hot!

Session 10 - Question and Answer time

- How to handle questions from the floor
- How to facilitate a question and answer session



Coaching Package is \$997

Normally Valued at \$2,500

- 10 Sessions of one to one Coaching with a master communicator
- Communicating to Connect Workbook
- Coaching exercises
- Certificate of Completion





Eagle Consulting Services
PO BOX 3243 Red Hill Rockhampton, QLD 4701
Email: admin@eaglecs.com.au
Phone: 0467 233 685